Helpful Resources for Victims of Domestic Violence



The following resources were chosen for their insight on these topics or to benefit your research. However, due to the variety of sources, not all of the views expressed are necessarily those of the LCMS. Please read with discretion and discuss any questions with your pastor.

For Church Workers **IDENTIFY**

- **▶** Abusive Behavior Checklist http://thedwellingplaceshelter.org/files/ thedwelling/files/Resources/Abusive%20 Behavior%20Checklist.doc
- **Violence Information and Prevention** www.cdc.gov/ViolencePrevention/index.html
- **National Resource Center on Domestic** Violence

www.nrcdv.org/

National Coalition Against Domestic Violence

www.ncadv.org/

UNDERSTAND

- **Theological Statement on Domestic Violence and Child Abuse** www.lcms.org/Document.fdoc?src=lcm&id=3120
- Has God Abandoned Me? For Women **Facing Domestic Violence** www.lhm.org/booklets/internetdownload. asp?promo=PLHM&prod=6BE85
- **Loving the Abused** (The Lutheran Witness, Page 15) blogs.lcms.org/wp-content/ uploads/2013/12/LWmar06.pdf
- A Cry for Justice Blog cryingoutforjustice.com/
- The Duluth Model

theduluthmodel.org Interventions that have been recognized nationally and internationally as the leading tools for helping communities eliminate violence in the lives of women and children. Offers domestic violence trainings and resource materials that help community activists, human service providers and community leaders make a direct impact on domestic violence.

Power and Control Wheel

www.theduluthmodel.org/pdf/PowerandControl. pdf

Equality Wheel

www.theduluthmodel.org/pdf/Equality.pdf

ACT

- > National Domestic Violence Hotline www.thehotline.org/ 800-799-SAFE (7233)
- **Pastoral Care Rites and Prayers** www.lcms.org/Document.fdoc?src=lcm&id=3119
- Pastoral Care of Abused People by Pastor John Kleinig www.doxology.us/wp-content/

uploads/2015/03/69_Pastoral-Care-of-Abused-People-with-Psalms.pdf

- Prayer for Cleansing and Healing www.doxology.us/wp-content/uploads/2015/03/ Prayer-for-Cleansing-and-Healing.pdf
- A Testimony in Prayer to the Blood of Jesus from an Abused Person www.doxology.us/wp-content/uploads/2015/03/ Saving-Blood-Prayer.pdf
- What Pastors Can Do to Help Victims of Domestic Violence in the Church www.drgrantmartin.com/documents/ Domestic Violence-Final-glm.pdf
- **Guidelines for Religious Leaders** www.nhcadsv.org/uploads/Faith%20Trust%20 DOs%20and%20DON_Ts.pdf
- **Domestic Violence Safety Plan** www.domesticviolence.org/personalized-safety-
- **Domestic Violence Counts: 24-Hour Census of Domestic Violence Shelters** and Services

nnedv.org/downloads/Census/DVCounts2014/ DVCounts14_NatlReport_web.pdf

- - C. J. Adams, Woman-battering (Fortress Press, 1994).
 - L. Bancroft, Why does he do that?: Inside the minds of angry and controlling men (Penguin, 2003).
 - C.W. Chignoli, Violencia domèstica-Un guía para detección, prevención, y ayuda (Concordia Publishing House, 2011).

- D. Ludwig, Renewing the family spirit (book and video) (Concordia Publishing House, 1989).
- D. Stelling, Honor thy father and thy mother: Understanding the spiritual needs of abuse victims (Langmarc Publishing, 2003).
- G.E. Veith Jr. and M.J. Moerbe, Family Vocation: God's Calling in Marriage, Parenting, and Childhood (Crossway, 2012).
- L. Vernick, The Emotionally Destructive Marriage: How to Find Your Voice and Reclaim Your Hope (Random House, 2013).
- > Phone Apps

Love is Not Abuse

itunes.apple.com/us/app/lina/id443740581?mt=8 Launched in August 2011, the "Love is Not Abuse" iPhone app is an educational resource for parents that demonstrates the dangers of digital dating abuse and provides much needed information on the growing problem of teen dating violence and abuse. The app is available **free** of charge in the iTunes App Store under "Love Is Not Abuse."

Circle of 6

www.circleof6app.com/

With "Circle of 6," you can connect with your friends to stay close, stay safe and prevent violence before it happens. The "Circle of 6" app for iPhone and Android makes it quick and easy to reach the six friends you choose. Need help getting home? Need an interruption? Two touches lets your circle know where you are and how they can help. Icons represent actions so that no one can tell what you're up to. Designed for college students, it's fast, easy-to-use and private. It's the mobile way to look out for your friends, on campus or when you're out for the night.



One Love My Plan

www.joinonelove.org

An anonymous, free application for smart phones and other electronic devices, the "One Love My Plan" determines if a relationship is unsafe and helps to create the best action plan by weighing an individual's unique characteristics and values. In partnership with *LoveisRespect.org*, the app provides access to trained advocate support 24/7 through an embedded live chat function.

On Watch

onwatchoncampus.com/

One in five young women will be sexually assaulted in college. One is too many. With just two taps, your friends and emergency first responders are alerted to your GPS location and that you need help!

Domestic Violence Information

itunes.apple.com/us/app/domestic-violence-information/id351697519?mt=8
Domestic violence. What is it? What are the signs? How can I get help? Whether you or someone you know is affected by domestic violence, this application could help.



For Friends & Family **IDENTIFY**

Abusive Behavior Checklist http://thedwellingplaceshelter.org/files/ thedwelling/files/Resources/Abusive%20

Behavior%20Checklist.doc

- **Violence Information and Prevention** www.cdc.gov/ViolencePrevention/index.html
- **National Resource Center on Domestic** Violence

www.nrcdv.org

National Coalition Against Domestic Violence

www.ncadv.org/

UNDERSTAND

- **Theological Statement on Domestic** Violence and Child Abuse
 - www.lcms.org/Document.fdoc?src=lcm&id=3120
- Has God Abandoned Me? For Women **Facing Domestic Violence** www.lhm.org/booklets/internetdownload. asp?promo=PLHM&prod=6BE85
- Loving the Abused (The Lutheran Witness, Page 15) blogs.lcms.org/wp-content/ uploads/2013/12/LWmar06.pdf
- A Cry for Justice Blog cryingoutforjustice.com/
- The Duluth Model

theduluthmodel.org Interventions that have been recognized nationally and internationally as the leading tools for helping communities eliminate violence in the lives of women and children. Offers domestic violence trainings and resource materials that help community activists, human service providers and community leaders make a direct impact on domestic violence.

Power and Control Wheel www.theduluthmodel.org/pdf/PowerandControl.

Equality Wheel www.theduluthmodel.org/pdf/Equality.pdf

ACT

- > National Domestic Violence Hotline www.thehotline.org/ 800-799-SAFE (7233)
- Domestic Violence Safety Plan www.domesticviolence.org/personalized-safety-
- **Domestic Violence Counts: 24-Hour** Census of Domestic Violence Shelters and Services

nnedv.org/downloads/Census/DVCounts2014/ DVCounts14_NatlReport_web.pdf

- - C. J. Adams, Woman-battering (Fortress Press, 1994).
 - L. Bancroft, Why does he do that?: Inside the minds of angry and controlling men (Penguin, 2003).
 - C.W. Chignoli, Violencia domèstica-Un guía para detección, prevención, y ayuda (Concordia Publishing House, 2011).
 - D. Ludwig, Renewing the family spirit (book and video) (Concordia Publishing House, 1989).
 - D. Stelling, *Honor thy father and thy* mother: Understanding the spiritual needs of abuse victims (Langmarc Publishing, 2003).
 - G.E. Veith Jr. and M.J. Moerbe, Family Vocation: God's Calling in Marriage, Parenting, and Childhood (Crossway, 2012).
 - L. Vernick, The Emotionally Destructive Marriage: How to Find Your Voice and Reclaim Your Hope (Random House, 2013).
- **>** Phone Apps

Love is Not Abuse

 $itunes.apple.com/us/app/lina/id443740581?mt{=}8$ Launched in August 2011, the "Love is Not Abuse" iPhone app is an educational resource for parents that demonstrates the dangers of digital dating abuse and provides much needed information on the growing problem of teen dating violence and abuse. The app is available **free** of charge in the iTunes App Store under "Love Is Not Abuse."

Circle of 6

www.circleof6app.com/ With "Circle of 6," you can connect with your friends to stay close, stay safe and prevent violence before it happens. The "Circle of 6" app for iPhone and Android makes it quick and easy to reach the six friends you choose. Need help getting home? Need an interruption? Two touches lets your circle know where you are and how they can help. Icons represent actions so that no one can tell what you're up to. Designed for college students, it's fast, easy-to-use and private. It's the mobile way to look out for your friends, on campus or when you're out for the night.

One Love My Plan

www.joinonelove.org

An anonymous, free application for smart phones and other electronic devices, the "One Love My Plan" determines if a relationship is unsafe and helps to create the best action plan by weighing an individual's unique characteristics and values. In partnership with LoveisRespect.org, the app provides access to trained advocate support 24/7 through an embedded live chat function.

On Watch

onwatchoncampus.com/

One in five young women will be sexually assaulted in college. One is too many. With just two taps, your friends and emergency first responders are alerted to your GPS location and that you need help!

Domestic Violence Information

itunes.apple.com/us/app/domestic-violenceinformation/id351697519?mt=8Domestic violence. What is it? What are the signs? How can I get help? Whether you or someone you know is affected by domestic violence, this application could help.



For Survivors **IDENTIFY**

- **Abusive Behavior Checklist** http://thedwellingplaceshelter.org/files/ thedwelling/files/Resources/Abusive%20 Behavior%20Checklist.doc
- **Violence Information and Prevention** www.cdc.gov/ViolencePrevention/index.html
- **National Resource Center on Domestic** Violence

www.nrcdv.org

National Coalition Against Domestic Violence

www.ncadv.org/

UNDERSTAND

- **Theological Statement on Domestic** Violence and Child Abuse
 - www.lcms.org/Document.fdoc?src=lcm&id=3120
- Has God Abandoned Me? For Women **Facing Domestic Violence** www.lhm.org/booklets/internetdownload. asp?promo=PLHM&prod=6BE85
- Loving the Abused (The Lutheran Witness, Page 15) blogs.lcms.org/wp-content/uploads/2013/12/ LWmar06.pdf
- A Cry for Justice Blog cryingoutforjustice.com/
- The Duluth Model

theduluthmodel.org Interventions that have been recognized nationally and internationally as the leading tools for helping communities eliminate violence in the lives of women and children. Offers domestic violence trainings and resource materials that help community activists, human service providers and community leaders make a direct impact on domestic violence.

Power and Control Wheel

www.the duluth model.org/pdf/Power and Control.pdf

Equality Wheel www.theduluthmodel.org/pdf/Equality.pdf

ACT

National Domestic Violence Hotline www.thehotline.org/ 800-799-SAFE (7233)

- **Domestic Violence Safety Plan** www.domesticviolence.org/personalized-safety-
- **Domestic Violence Counts: 24-Hour Census of Domestic Violence Shelters** and Services

nnedv.org/downloads/Census/DVCounts2014/ DVCounts14_NatlReport_web.pdf

- Books
 - C. J. Adams, Woman-battering (Fortress Press, 1994).
 - L. Bancroft, Why does he do that?: Inside the minds of angry and controlling men (Penguin, 2003).
 - C.W. Chignoli, Violencia domèstica-Un guía para detección, prevención, y ayuda (Concordia Publishing House, 2011).
 - D. Ludwig, Renewing the family spirit (book and video) (Concordia Publishing House, 1989).
 - D. Stelling, Honor thy father and thy mother: Understanding the spiritual needs of abuse victims (Langmarc Publishing, 2003).
 - G.E. Veith Jr. and M.J. Moerbe, Family Vocation: God's Calling in Marriage, Parenting, and Childhood (Crossway, 2012).
 - L. Vernick, The Emotionally Destructive Marriage: How to Find Your Voice and Reclaim Your Hope (Random House, 2013).
- **>** Phone Apps

Love is Not Abuse

"Love Is Not Abuse."

https://itunes.apple.com/us/app/lina/ id443740581?mt=8 Launched in August 2011, the "Love is Not Abuse" iPhone app is an educational resource for parents that demonstrates the dangers of digital dating abuse and provides much needed information on the growing problem of teen dating violence and abuse. The app is available free of charge in the iTunes App Store under

Circle of 6

www.circleof6app.com/ With "Circle of 6," you can connect with your friends to stay close, stay safe and prevent violence before it happens. The "Circle of 6" app for iPhone and Android makes it quick and easy to reach the six friends you choose. Need help getting home? Need an interruption? Two touches lets your circle know where you are and how they can help. Icons represent actions so that no one can tell what you're up to. Designed for college students, it's fast, easy-to-use and private. It's the mobile way to look out for your friends, on campus or when you're out for the night.

One Love My Plan

www.joinonelove.org

An anonymous, free application for smart phones and other electronic devices, the "One Love My Plan" determines if a relationship is unsafe and helps to create the best action plan by weighing an individual's unique characteristics and values. In partnership with LoveisRespect.org, the app provides access to trained advocate support 24/7 through an embedded live chat function.

On Watch

onwatchoncampus.com/

One in five young women will be sexually assaulted in college. One is too many. With just two taps, your friends and emergency first responders are alerted to your GPS location and that you need help!

Domestic Violence Information

itunes.apple.com/us/app/domestic-violenceinformation/id351697519?mt=8Domestic violence. What is it? What are the signs? How can I get help? Whether you or someone you know is affected by domestic violence, this application could help.

